

***From the principal:***

Happy New Year! I hope you had an opportunity to attend a few of the wonderful performances or exciting competitions over the past weeks. Our students and staff consistently impress me with their high personal expectations and commitment to excellence as they take the stage or competition arena to represent Fremd High School.

The start of 2009 also brings the beginning of a new academic semester. If you would like to see improvement in your child's academic achievement or connection to high school opportunities in second semester, I urge you to share your concerns with the school. Please contact your child's counselor in the Student Services Department at (847) 755-2630.

Counselors are a great central communication source for parents. Counselors can facilitate communication between a family and teachers, make recommendations for additional resources, and become a consistent connection for parents and students to Fremd High School. If you feel your son or daughter is not achieving what he or she is capable of in school then a call to the counselor is a great starting point. This discussion can open the door to many untapped resources, such as, afterschool Media Center study time and computer access, Tutor Center connections, Guided Study Hall mentors, on-line Parent Access for grade monitoring, teacher websites for information, and afterschool extracurricular groups. Together, we can make your child's high school experience filled with positive connections and successful learning experiences.

Lisa Small  
Principal

***Juniors Prepare for State Test***

Illinois High Schools are preparing to administer the Statewide Prairie State Achievement Examination (P.S.A.E.) that will be given to all juniors on April 22 and 23, 2009. Students are required by the State of Illinois to participate in the Illinois Alternative Assessment in order to be eligible to receive a high school diploma. The P.S.A.E. measures students' knowledge of reading, writing, mathematics, and science through a series of tests. The tests will include the American College Test (ACT), WorkKeys tests in reading and mathematics, and additional tests developed by the Illinois State Board of Education. The WorkKeys assessments will measure students' mathematics and reading skills when applied to workplace situations. Students will have the option of sending their ACT scores including the ACT Writing Test to colleges as part of the application process.

Further information regarding the P.S.A.E. will be mailed to each student's home in March. Additional information about these state mandated tests is available at the Illinois State Board of Education web site at <http://www.isbe.net/assessment>.

***PSAE Practice Testing and Strategy Review***

As part of Fremd's comprehensive plan to prepare students for the Prairie State Achievement Exam on April 22 and 23, 2009, all juniors will participate in practice ACT and WorkKeys testing, as well as follow-up sessions based on results and strategies. These activities will affect several departments and classes. Please save the dates below if your classes are affected.

All juniors will take ACT and WorkKeys practice tests on February 20th from 7:30 am-noon (early dismissal day for all students).

DATE	ACTIVITY	LOCATION
February 20	ACT Practice test	Auditorium, Room 125, Room 129, Room 222, Simulator, Room 234, Back Gym, Rooms 229/230 & 241/242* * Students will be assigned to a room prior to testing.

Between their "practice test" and the PSAE dates, all juniors will come to the auditorium for strategy sessions based on the results of their practice tests:

DATE	ACTIVITY	PRESENTERS	CLASS	LOCATION
Monday, March 30	Science Strategies	K. Craddock J. Adcock B. Graba	P.E. classes	Auditorium (periods 1-8)
Tuesday, April 14	Math/WorkKeys Strategies	R. Marsh R. Cregier	P.E. classes	Auditorium (periods 1-8)

**\*\*Reading, English, and Writing Strategy Sessions will take place in individual English Classes.**

***Electronic Equipment***

Many students are choosing to bring iPods and other electronic equipment into the school setting. The Fremd administration highly discourages this practice, as the school cannot be responsible for loss or theft of such items. **Remember, cell phones cannot be on or used during the school day.** If students do choose to bring electronic equipment to school, they should exercise the following precautions:

- Permanently identifying the equipment in some way and retaining a copy of the serial number.

- Keeping these items on your person or in a bag that remains close at hand.
- Reporting lost/stolen items to the police consultant immediately.
- Not sharing lockers or locker combinations with anyone.
- Double checking to make sure that hall lockers and P.E. lockers remain locked at all times.

Again, the best choice is to leave these items at home.

## dates to remember

- Jan. 29** College Planning for Juniors  
Kolze Auditorium, 7:00 p.m.
- Feb. 3** Late Start/Morning Work  
Session – 9:10 a.m.
- Feb. 4** Jazz & Java Concert  
Cafeteria, 7:00 p.m.
- Feb. 5-7** Orchestras Dance Show  
Kolze Auditorium, 7:00 p.m.
- Feb. 11** Band Benefit Concert  
Kolze Auditorium, 7:00 p.m.
- Feb. 14** District 211 Honors Orchestra  
SHS, 7:00 p.m.
- Feb. 16** Presidents' Day - No School
- Feb. 17** Late Start/Morning Work  
Session – 9:10 a.m.
- Feb. 20** Early Dismissal – 12:00 p.m.
- Feb. 20** A Cappella Spectacular  
All Saints Lutheran Church  
7:00 p.m.
- Feb. 23-27** Writers Week
- Feb. 27** Battle of the Bands  
Cafeteria, 7:00 p.m.
- Feb. 28** Turnabout Dance
- Mar. 3** Winter Sports Awards  
Gymnasium, 7:00 p.m.
- March 3** Vocal Showcase Concert  
Cafeteria, 7:00 p.m.
- March 7** Booster Craft Fair  
9:00 a.m.-4:00 p.m.
- March 10** Late Start/Morning Work  
Session – 9:10 a.m.

## **Social Norms Campaign**

The Social Norms Marketing Campaign reflects that more students are doing the right thing than one may expect. As part of the campaign, Fremd students take a survey each year regarding alcohol and other drug use and their perceptions of other students' use in these areas.

The good news is that the data consistently reports that a majority of FHS students do not drink alcohol or smoke cigarettes. The same data consistently reports that FHS students also significantly overestimate alcohol and other drug use by others giving way to the mentality that "everyone is doing it."

Our goal with social norms marketing is twofold. The first goal is to promote what students are doing right (i.e. 4 out of 5 Fremd students do not smoke cigarettes) and secondly to diminish the notion that "everyone is doing it" in hopes of positively impacting our students' choices.

If you have any questions about Social Norms, please feel free to contact Fremd High School counselor Tony Tosh at 847.755.2641.



If you require assistance while visiting our school, please contact the principal's office at (847) 755-2600.

## **Kudos to the following Viking family members**

- ★ Congratulations to the following Viking Pride winners: Shawn Ahn, Tamar Alexanian, Jack Andersen, George Balkas, Nick Barkoozis, Andrew Barr, Emily Beeson, George Bristow, Juan Castro, Brittany Cieplinski, Gilberto Cisneros, Anthony Comstock, Alanna Conway, Amicua Conway, Lauren Cowick, Alexandra Cox, Deanna Daddono, Angela DiCosola, Tess Dinterman, Tracy Dudzik, Todd Dunham, Breanna Ennis, Marissa Escamilla, Robert Gagliardi, Thomas Gates, Robert Grabowski, Carson Gunby, Alejandro Guzman-Valencia, Christina Hale, Ronnie Hauser, Michael Hogan, Beverly Hope-Rhone, Brittany Hurd, Brendan Jacobi, John Josif, Kaitlyn Kalbas, Joann Kang, Nicole Kasos, Ryan Kelly, Tim Kleiner, Matthew Koopmann, Carly Krueger, Shelby Kukla, Alexander Kulinczenko, Tiffany Marek, Aricela Marquez, Miriam Martinez Flores, Josie Mata, Genevieve Maynen, Angeline McCall, Richard McCall, Kaitlyn McGuinn, Roxanne Miller, Abbie Molnar, Ryan Monnier, Tyler Mundt, Rachel Murray, Samantha Noga, Allison Norenberg, Colleen O'Connor, Steve Olson, Eunice Park, Roban Patel, Megi Pecani, Natalie Perkins, Cassandra Perrino, Sarah Peters Karol Piluk, Crystal Piritia, Andre Russell, Kelsey Segota, Janeise Sharp, Rachel Shoemaker, Emily Shrout, Ashley So, David Tillman, Richard Troia, Nick Toulon, Jackie Van Lysebettens, Kelly Voigt, Scott Wagoner, Alex Wall, Allison White, Rick Wiedelman, and Megan Wongkamalasai.
- ★ Congratulations to Family & Consumer Sciences November Student of the Month Courtney Croak.
- ★ Congratulations to Coach Pinley and the Girls' Volleyball Team on winning the sectional championship.
- ★ Congratulations to the following Speech Team winners at the Fremd & Warren Invitationals: Stephen Whitfield, 1st place extemporaneous speaking; Yale Cho, 1st place original comedy; Julianne Connors, 2nd place humorous interpretation; Haley Schwartz, 2nd place poetry reading; Moez Dawood, 4th place oratorical declamation; Julia Gheorghiu, 4th place and Neha Husain, 5th place for original oratory; Tyler Petersen, Julianne Connors, Michelle Gorecki, 5th place radio speaking.
- ★ Congratulations to sponsors Nicole Clement and Katie Fedota and the Fremd Varsity Pom Team on qualifying both their pom and kick routines for State at the St. Charles Competition.
- ★ Congratulations to English November Student of the Month Sarah Mathews.
- ★ Congratulations to Social Studies October Student of the Month Alexander Bott.
- ★ Congratulations to Kelli Dicanio on being the 100 breaststroke sectional champion and qualifying for the State competition.
- ★ Congratulations to the following students from the Fremd Orchestras who were selected for the 2008 Illinois Music Educators Association District 7 Festival. District 7 is comprised of high schools from the North and Northwest Suburbs — approximately 60 high schools. These students performed on November 15, 3 p.m. at Evanston Township High Schools: Leslie Chan, violin; Gina Chung, cello; Patrick Kennedy, piano (Jazz Band); Gina Lee, viola; Tom Oakes, double bass (orchestra and jazz band); Richard Sheng, violin; and Jon Sullivan, violin.
- ★ Congratulations to Business Education November Student of the Month Margo Banakis.
- ★ Congratulations to December Business Student of the Month Daisy McWilliams.
- ★ Thank you to all who participated in the Combined Charities Campaign.
- ★ Congratulations to Michelle Lundholm and Sahana Rao on receiving a perfect score on the ACT examination.
- ★ The following choral students performed on the Spike O'Dell Show on WGN radio on Monday, December 8: Cameron Barnes-Maniurka, Daniel Brotzman, Stefanie Colletier, Natalie DeClerck, Sara Elster, Kelly Jacobi, Stacey Kim, Matthew Koehlinger, Taylor Lehotan, Kathryn Oakes, Jacqueline Piccolino, Robert Romanowski, James Schiffer, Laura Winkelman, and Jennifer Yoon. Great job!
- ★ Congratulations to the Fremd Wind Symphony for being invited to participate at the IMEA All-State Conference in January, 2009. Students selected are: Jennifer Yoon, Robert Romanowski, Daniel Brotzman, Donald Magnani, Jacqueline Piccolino, Stefanie Colletier, Kathryn Oakes, James Schiffer, Taylor Lehotan, Leslie Chan, Jonathan Sullivan, Gina Lee, Gina Chung, Tom Oakes, Brendan Jacobi, and Jon Samuel.
- ★ Congratulations to December Student of the Month for Family & Consumer Sciences Sacia Toilolo and January Student of the Month Neill Wolf.
- ★ Congratulations to Nicole LaBeau on earning the National Board Teacher Certification.
- ★ Congratulations to NHS and sponsors Jane Richards and Eric Schaefer on a very successful Grant -A -Wish drive that delivered 700 wishes to needy children.
- ★ Mr. Elias Koutas, liaison from the Village of Palatine's Beautification Commission, presented Sponsor Paul Hardy and the Fremd Woods Club with a plaque in honor of the sleigh built as a Cooperative Project between the Village and Fremd High School. The Christmas sleigh was dedicated on November 21 and is displayed at the corner of Northwest Highway and Hicks Road.
- ★ Congratulations to math teacher Rob Higgins and English teacher Dwight Aukee on being a recipient of the University of Chicago's Outstanding Teacher Award. Rob and Dwight were nominated by former Fremd graduates.
- ★ Congratulations to Social Studies November Student of the Month Jeff Storm.
- ★ Congratulations to English December Student of the Month Jackie Wallentin.
- ★ News and World Report has awarded Fremd High School a silver medal in the second annual list of America's Best Schools.

## **Graduation Date and Time Set**

Graduation ceremonies for the Class of 2009 will be held on Sunday, May 31, at 6:00 p.m. at Sears Centre at 5333 Prairie Stone Parkway, Hoffman Estates, IL 60192. More information will be forthcoming as the day approaches.