

From the principal:



Spring is almost here and when it arrives the end of the school year always seems to rapidly follow! Our students are already in many ways preparing for next year.

- Freshmen, sophomores and juniors have been meeting with their counselors to select courses for next year.
- Juniors are preparing for the April 22nd & 23rd P.S.A.E. that includes the ACT test (sophomores will participate in practice tests on those dates).
- Seniors are making important decisions regarding their future endeavors.
- The class of 2013 will be officially welcomed to Fremd High School at the upcoming Freshman Orientation Night on April 14th.

We have many new sports and continuing activities in the spring season. I look forward to seeing you at one of our many competitions, events or performances!

All students are required to complete final exams. If you have a senior, please pay close attention to the following information as your child may earn the privilege of exam exemption based on the listed criteria that was presented to all senior students at the beginning of second semester.

STUDENT FINAL EXAMINATIONS

All students are required to take final examinations.

Seniors may qualify for an exemption from their last semester final examinations in each course, if the student:

- has at least a "C" average in the course,
- has fewer than six absences from the class,
- has never been truant from class,
- has never been suspended from class, and
- is not incomplete on assignments required by the teacher.

Sincerely,

Lisa Small
Principal

Incoming Freshman Orientation

On Tuesday, April 14, we will be welcoming the Class of 2013 to Fremd for the first time. We are asking that incoming freshman arrive at the building at 6:45 p.m. to check in. The program will begin promptly at 7:00 p.m. and conclude at 8:15 p.m. Students will be participating in small group discussions lead by Viking Ambassador student leaders, as well as a large group presentation, organized by the United Clubs of Fremd. We highly encourage all incoming freshman to attend this first "taste of Fremd."

Sophomores and Juniors Test in April

The Illinois State Board of Education's high school level assessment, the Prairie State Achievement Examination (P.S.A.E.) is required to be administered to all juniors throughout the state in April 2009. Participation in this assessment or the Illinois Alternative Assessment is required by state law in order for students to be eligible to receive a diploma. The P.S.A.E. evaluates a student's performance in reading, writing, mathematics, and science through the administration of the American College Test (ACT), the ACT Writing Test, WorkKeys tests in reading and mathematics, and additional tests developed by the Illinois State Board of Education.

On April 22 and 23, all junior students will be taking the P.S.A.E. and sophomore students will be participating in practice P.S.A.E. assessments. The results for junior students will be a part of their official transcript. The results for sophomore students will provide information regarding areas of improvement needed in English, mathematics and science. On April 22, freshman and senior students will not have classes for the day; sophomore and junior students will be dismissed following the exam at approximately 12:05 p.m. On April 23, sophomores and juniors will test in the morning, and ALL students will have a late start beginning at 10:25 a.m. Please be sure to mark your calendars. Bus transportation will be available for all students at the start of the day and back home at the end of their respective schedules.

The ACT college entrance examination and writing test is included as part of the P.S.A.E. and will be administered to juniors at no cost to parents. Each student will have the option to send results of the ACT portion of the P.S.A.E. to colleges and universities as part of the application process. Students also may take the ACT again, on a national test date during the year. The dates and registration deadlines closest to the April P.S.A.E. administration are as follows:

ACT Test Date	Regular Registration Deadline	Late Fee Deadline
April 4	February 27	March 13
June 13	May 8	May 22

Fees charged by ACT for testing on national test dates are the responsibility of the individual students and/or parents.

Additional information regarding the Prairie State Achievement Exam and the specific schedules for sophomores and juniors on April 22 and 23 will be sent to parents and students prior to the test dates. Information on the tests and sample test items are also available on the Illinois State Board of Education web site, <http://www.isbe.net/assessment>.

Parents - Have you completed our survey about what the "BEST" school district would look like? Please take a moment to log-on to our school (www.fhs.d211.org) or District web site (www.d211.org) and share your thoughts. This survey will be available through the end of March.

Included with this Newsletter is the Drug and Alcohol Awareness brochure. Please take some time to review it with your child(ren).

dates to remember


- Feb. 23-27 Writers Week
- Feb. 27 Battle of the Bands
Cafeteria - 7:00 p.m.
- Feb. 28 Turnabout Dance
Gymnasium 7:30-10:30 p.m.
- March 3 Music Dept.
Showcase Concert
Cafeteria - 7:00 p.m.
- March 7 Booster Arts & Crafts Fair
9:00 a.m.-4:00 p.m.
- March 9 Winter Sports Awards
Gymnasium - 7:00 p.m.
- March 23-27 Spring Break
- March 30 School Resumes After
Spring Break
- April 3 Mr. Fremd
Auditorium - 7:00 p.m.
- April 6 NHS Induction
Auditorium - 7:00 p.m.
- April 7 Pinhole Camera Reception
Café Hallway - 7:00 p.m.
- April 8 Concerto Aria Concert
Auditorium - 7:00 p.m.
- April 13 Institute Day
- April 14 Incoming Frosh
Student Night - 7:00 p.m.
- April 16 Activity Recognition
Program - Cafeteria - 4:30 p.m.
- April 17 Choral Classics Concert
Countryside Church - 7:00 p.m.
- April 27 Academic Teams Recognition
Cafeteria - 7:00 p.m.

Seventeen Students Honored by National Scholarship Program

William Fremd High School is proud to announce that seventeen students have been honored by the National Merit Scholarship Program. Seventeen students have been named as National Merit Finalists – Brian Cho, Elizabeth Homberg, Grace Hoo, Chaitra Kishore, Robert Kramer, Michelle Lundholm, Maxwell Meigel, Meghan Morrison, Rachael Palumbo, Tyler Petersen, Sahana Rao, Matthew Schuelke, Henry Shin, Jessica Tackett, Gregory Tourville, Helena Yu, and Maggie Zhang. These students scored in the top one half of one percent of the over one million students who entered the 2009 National Merit competition by taking the Preliminary Scholastic Aptitude Test administered in October of their junior year.

Annual Booster Club Spring Arts & Craft Fair

The Fremd Viking Booster Club is holding their 33rd Annual Spring Arts & Craft Show at Fremd on Saturday, March 7, 2009, from 9:00 a.m. to 4:00 p.m. Admission is free!

 If you require assistance while visiting our school, please contact the principal's office at (847) 755-2600.

Congratulations to Students and Staff

- ★ Congratulations to **Jamieson Gray** and **Christine Ninchich** for being named to the First Team Daily Herald Leadership Team.
- ★ Congratulations to Family & Consumer Sciences January Student of the Month **Neill Wolf** and February Student of the Month **Kaitlyn Kinsella**.
- ★ Congratulations to **Chris Klimek** on being named to the All-Tournament Basketball Team at the Elgin Christmas Tournament.
- ★ Congratulations to the Boy's Swimming Team on tying for 1st place at the St. Viator Invite and placing 2nd at the Barrington Bronco Relays. **Mike Kowalenko**, **Chris Powers** and **Brandon Trostrud** won in Diving. **Varun Shivakumar**, **Alex Mikolajewski**, **Sam Childs** and **Sean Carroo** won the 400 Medley Relay. **Varun Shivakumar**, **Sam Childs**, **Sean Carroo** and **Brent Caras** won the 300 Butterfly Relay. **Varun Shivakumar**, **Chris Mackey**, **Sean Carroo** and **Dustin Anderson** won the 300 Backstroke Relay. **Varun Shivakumar**, **Sean Gonzalez**, **Sam Childs** and **Dustin Anderson** won the 400 Free Relay.
- ★ Congratulations to wrestler **Mike Dallas** for winning the 215-pound title at the Prospect Invite.
- ★ Congratulations to bowler **Ashley Landowski** on placing 2nd Over-All in the DeKalb Holiday Invite.
- ★ Congratulations to January English Student of the Month **Megan Dincher** and February Student of the Month **Jessica Tackett**.
- ★ Congratulations to January Business Student of the Month **Catherine Gray**.
- ★ Congratulations to the Girl's Gymnastics for placing 2nd at the New Trier Invite. **Tori Sarantakis** tied for 1st on Vault. Congratulations to the Girls Gymnastic Team on winning the Lincoln-Way Invite. **Tori Sarantakis** was the Invite Champion on Uneven Bars, Balance Beam, Floor Exercise and the All-Around! She set a new meet record on the Balance Beam by scoring 9.75.
- ★ Congratulations to the Girls Gymnastics Team on winning the MSL Conference championship. **Tori Sarantakis** placed 1st on the Uneven Bars, Balance Beam, Floor Exercise, & All-Around Events and 2nd on Vault; **Caitlin Golota** placed 2nd on Uneven Bars and 3rd on Vault; and **Maegan Wochinski** placed 3rd on Uneven Bars.
- ★ Congratulations to Coach **Jim Guest** and the Girls' Gymnastics Team on winning the Regional Championship! **Tori Sarantakis** was Co-Regional Champion on the Uneven Bars, 1st on the Vault, Balance Beam, Floor Exercise, & All-Around; **Caitlin Golota** was Co-Regional Champion on the Uneven Bars, 2nd Place on the Vault & All-Around; **Sarah Torp** placed 2nd on the Balance Beam; and **Alyssia VanDuch** placed 3rd on the Vault.
- ★ Congratulations to wrestler **Jim Norris** on being the MSL Champion and Regional Champion at Heavy Weight.
- ★ Congratulations to Coach **Shana Dinham** and Coach **Dawn Glaser** and the Varsity Vikettes on qualifying their lyrical flag routine for State.
- ★ Congratulations to the Boy's Swimming Team for an undefeated MSL dual meet season.
- ★ Congratulations to Coach **Amanda Larson** and the Varsity Cheerleaders on qualifying for State.

Career Expo 2009

High Schools in Districts 211, 214, and 220; the Northwest Education to Careers Partnership; and Harper College are hosting Career Expo 2009 on Tuesday, April 28, from 7:00 until 8:30 p.m. The event will be held at the Willow Creek Activity Center, 67 E. Algonquin Road, in South Barrington. All Career Expo activities are open to students and parents and are free of charge.

Career Expo 2009 is designed to help students gather information on career options, research career fields, and determine educational requirements needed to pursue desired careers. The Expo provides an excellent opportunity to begin integrating college and career plans. More than 100 traditional career professionals, as well as those representing opportunities projected to offer the greatest employment growth, have been asked to discuss specific career-related topics as well as answer questions.

For more information about Career Expo 2009, please contact the high school career counselor or career advisor or visit www.edcareerpartnership.com.

Viking Booster Scholarship - \$15,000 available for seniors

The Viking Booster Club will be awarding fifteen scholarships in the amount of \$1,000 each for the 2009 graduating seniors. The recipients will be chosen on the basis of their accomplishments in the areas of *Leadership*, *Community Service*, *School Activities*, and *Fremd Service*. In addition, scholarships will be given to seniors who plan on attending a Community College and/or Trade School. Financial need and academic accomplishments are NOT a consideration for any of these scholarships. Applications must be returned to the collection box in the Fremd Student Services office in a sealed envelope by 3:00 p.m. on **Friday, March 20, 2009** (Friday before Spring Break). If you have any questions, please feel free to contact Andrea Horn at AndreaHorn@comcast.net

This *Principal's Newsletter* is computer-designed and photocopied at school on recycled paper for William Fremd High School parents. William Fremd High School • 1000 S. Quentin Road • Palatine, IL 60067 • (847) 755-2600.