



From the principal:

The end of the year is upon us! In the world of education, we operate in cycles and for your children there will be a break in the typical schedule of the school day with a fresh start awaiting them in summer school or the start of the school year in August. This closure allows the staff of Fremd to reflect on the previous year, rejuvenate for the start of the next year, and continue as life-long learners. As you approach the summer months with your child, there are always opportunities to continue his or her learning. Reading, writing, mathematic applications, problem solving, and working with others are skills that can be easily practiced outside of the formal classroom setting. Encourage your student to stay mentally active this summer in areas of his or her interest. The summer is a great time for them to read, journal, and investigate areas they find intriguing.

Another area for growth may include examining the daily choices made by your child. Hal Urban, educator and author, suggested that there are choices young adults make that may change the quality of their lives. I have listed a few as these thoughts may provide for interesting discussions, reflections, or inspiration for your child over the summer and beyond.

- We're free to choose our character – the type of persons we become.
- We're free to choose how to treat other people.
- We're free to choose our attitude, regardless of circumstances.

Within any given moment our children are making choices. Too many times, they focus on situations they cannot change, as opposed to the ones they can.

Enjoy the summer months! I hope you find the time to spend special moments with family and friends!

Lisa Small
Principal

Summer Reading Project

As summer approaches, our students will take a much-needed and well-deserved rest from school. We are grateful that so many of our students find ways to incorporate valuable learning experiences into their summer lives. Reading is perhaps the most valuable learning tool, one that every student can and should experience on a year-round basis. With that belief in mind, new and returning Fremd students will join students from other District 211 schools for the 2009 Summer Reading Project.

During the summer, students will be expected to read at least one book from a list generated by a committee of Fremd students and teachers. The list includes books selected for their appeal to a wide range of abilities and interests. We also provide course level information as recommendations. During the first week of next school year, each student will write about his or her chosen book in English class, and that assignment will be included in the first quarter grade.

All students should have received a list of the selected books. Local libraries and bookstores received our list of books. The lists are also on the Fremd web site for each class.

We look forward to instituting the 2009 Summer Reading Project as a way of developing Fremd students as life-long readers and learners.



If you require assistance while visiting our school, please contact the principal's office at (847) 755-2600.

For individuals who are deaf or hard of hearing, please access the following TTD/TTY telephone number: (847) 755-2654.

Special honors & awards for Fremd Vikings

Congratulations to the following Viking Pride winners: Tamar Alexanian, Omar Alonso, Anna Badovinac, Kelsey Baker, Jonathon Beening, Bryan Borucki, Bill Boeckelman, Kate Brotz, Matt Buesing, icole Burbach, Leslie Chan, Marnie Clark, David Dawson, Steven Dodgen, Tyler Dzedzina, Breanna Ennis, Rocco Fasano, Jack Finis, Sarah Finis, Connor Frankian, Iulia Gheorghiu, Rosa Gonzalez, Michelle Harasimowicz, Alwx Hattenhauer, Chasity Hendrickson, Anthony Hernandez-Ayala, Roxolana Horajska-Furr, Maggie Hubbard, James Jorgensen, Esther Jun, Robert Kelgard, Huma Khan, Michael Kiely, Debbie Kim, Taryn Kobeski, Lucas Krause, Jarrell Lewis, Estefania Martinez-Salazar, Genevieve Maynen, Tom Meyer, Max Moss, Kevin Moy, Katie Murphy, Calhan Nolan, Courtney Olsberg, Chris Origer, Pinky Patel, Joline Parer, Victoria Paul, Christopher Ramirez, Amber Rettke, Joe Robertson, Eric Rohan, Samantha Rossdeutscher, Tom Rossdeutscher, Plamena Rusulova, Jimmy Scharfe, Haley Shoaf, Jae Hee Song, Richard Troia, Monique Vallierre, Justine Venegoni, Karie Wagner, and Margaret Wanner.

- ✪ Congratulations to April FCS Student of the month Sara Stompanato.
- ✪ Fremd Social Studies teacher Martin Zacharia was recently accepted to participate in a Gilder Lehrman Summer Seminar program at Stanford University.
- ✪ Congratulations to the following Fremd Journalism award winners on winning the IHSA Journalism Sectional Championship: seniors Mark Colgan and Natalie DeClerck: 1st place in Yearbook Theme Development; junior Jennifer Bora: 1st place in Yearbook Layout, 3rd place in Headline Writing; junior Shelby Kukla: 1st place in Yearbook Copy Writing; senior Jackie Wallentin: 2nd place in Newspaper Design; junior Eunhye Oak: 2nd place in Advertising; junior Rachel Allen: 2nd place in Editorial Cartooning; senior Johnny Kent: 2nd place in Sports Writing; senior Helena Yu: 2nd place in Photography; senior Meghan Morrison: 3rd place in Copy Editing; and senior Maggie Zhang: 3rd place in Review Writing, 4th place in Info Graphics.
- ✪ Congratulations to the following Fremd Journalism award winners on winning the IHSA Journalism Sectional Championship: seniors Mark Colgan and Natalie DeClerck: 1st place in Yearbook Theme Development; junior Jennifer Bora: 1st place in Yearbook Layout, 3rd place in Headline Writing; junior Shelby Kukla: 1st place in Yearbook Copy Writing; senior Jackie Wallentin: 2nd place in Newspaper Design; junior Eunhye Oak: 2nd place in Advertising; junior Rachel Allen: 2nd place in Editorial Cartooning; senior Johnny Kent: 2nd place in Sports Writing; senior Helena Yu: 2nd place in Photography; senior Meghan Morrison: 3rd place in Copy Editing; and senior Maggie Zhang: 3rd place in Review Writing, 4th place in Info Graphics.
- ✪ Congratulations to March Social Studies Student of the Month Mike Bacha, April Social Studies Student of the Month Harjaap Singh and May Student of the Month for Social Studies Rachel Kowalczyk.
- ✪ Congratulations to sponsor Jan Boehm and the Fremd Math Team on qualifying for State. Team members are: Arjun Arya, Sidd Bhosale Leslie Chan, Adam Cheng, Danny Cho, Ashley Chong, Moez Dawood, Amir Djavid, Tyler Gregory, Annie Huang, Chao Huang, Prathi Jain, Peri Johnson, Ina Joshi, John Kaczor, Nikhi Kanneganti, Sameera Kanneganti, Claire Kim, Bonjoon Koo, Albert Kim, Robert Kramer, Alwina Liu, Michelle Lundholm, Vivek Mehta, Sanathanan Nagarajan, Ed Park, Akshaj Pole, Akshaya Prabhakaran, Arjun Puranik, Christine Qian, Meygappan Ramu, Rohan Shah, Richard Sheng, Henry Shin, Andrew Song, Sri Nanduri and Jerry Zhou.
- ✪ Congratulations to Michelle Lundholm on being selected as a winner in the Chicago Tribune's annual All-State Academic Team scholarship competition.
- ✪ Congratulations to Michelle Lundholm and Sahana Rao on being semi-finalists in the 2009 Presidential Scholars Competition. The Presidential Scholars award recognizes exceptional talent in the visual, creative and performing arts.
- ✪ Congratulations to the following 8 winners in the Harper Contest: Fiction- 1st place, Colleen O'Connor; Honorable Mention, Annie Castle; Poetry – 2nd place, Natalie DeClerck; Honorable Mention, Mike McGinn and Stephen Whitfield; Drama – 3rd place, Maggie Dinkha; Essay - 3rd place, Sophie Chin; Honorable Mention, Roxanne Miller.
- ✪ Congratulations to science teacher Karl Craddock on receiving the Davidson Award for Excellence in Teaching High School Chemistry.
- ✪ Congratulations to the following 2009 IHSA medalists in journalism: Jennifer Bora, 2nd place for Yearbook Layout: double page spread; Johnny Kent, 2nd place for Newspaper Sports Writing; and Helena Yu, 6th place for Feature Photography.

(continued on next page)

dates to remember

June 10 -	1st Semester
June 30	Summer School
July 3	No Summer School
July 1 -	2nd Semester
July 22	Summer School
August 5	Athletic forms due by 12:30 p.m. if students wish to participate in fall sports practice sessions
August 12	All Fall Sports Practices begin
August 20	Freshman Kick-Off Program 11:30 a.m.-1:30 p.m.
August 26	Opening Day of School
September 3	Labor Day - No School
September 19	Open House - 7:00 p.m. 11:50 a.m. early dismissal

2009 Distinguished Graduate

Fremd High School's 2009 Distinguished Graduate is Holly Morris, class of '83. Holly Morris is a writer, and a television producer and correspondent.

She is the author of *Adventure Divas: Searching the Globe for Women Who Are Changing the World* which was named an "Editor's Choice" and a Notable Book of the Year about exploration by the *New York Times*. She is also editor of the anthologies *A Different Angle: Fly Fishing Stories by Women and Uncommon Waters: Women Write About Fishing*, both published by Avalon. She is a columnist for *National Geographic Adventure* magazine and a regular contributor to the *New York Times Book Review*. Her writing has also appeared in the following books: *Gifts of the Wild, Another Wilderness, Cuba on My Mind, Two in the Wild, A Woman Alone, and Go Your Own Way*, among others.

She is the former Editorial Director of the book publishing company Seal Press and developed and edited the 'Adventura' imprint - a series of books that features international travel and adventure writing by women.

Holly Morris is the executive producer/writer/host of the award-winning, primetime PBS series "Adventure Divas." Featured destinations in this series include Cuba, India, New Zealand and Iran.

She is a correspondent for the series "Globe Trekkers," "Treks in a Wild World," "National Geographic Today," and "Outdoor Investigations." She has worked and traveled all over the world - from Lapland to Guyana, from the Middle East to the Far East, from the top of the Matterhorn to the depths of the South Pacific.

Holly Morris has been called "a natural TV persona" by the *Orange County Register*, lauded for her on-screen "candor, guts, wit and insight" by the *Seattle Times*, and coined "delightful" and "hilarious" by the *New York Times*.

Senior Pictures

Senior pictures for the class of 2010 will be taken over the summer at Root Studios in Schaumburg. Please call the studio directly to set up an appointment. Pictures and retakes need to be completed by October 2, 2009 to be included in the 2010 yearbook. There is no sitting fee or charge for a yearbook only picture. Picture packages or the option to view proofs and choose a pose will incur a charge. Call the studio if you have any questions and to set up an appointment. For more information visit the yearbook website at www.fhs.d211.org/yearbook.

Root Studios • 847.706.9688

601 Martingale Road • Streets of Woodfield
Schaumburg, IL.

This *Principal's Newsletter* is computer-designed and photocopied at school on recycled paper for William Fremd High School parents. William Fremd High School • 1000 S. Quentin Road • Palatine, IL 60067 • (847) 755-2600.

Special honors & awards for Fremd Vikings (continued from previous page)

- ✦ Congratulations to gymnast **Dante Digangi** on being Conference Vault Champion and placing 3rd on floor exercise. Also, congratulations to gymnast **Brandon Trostrud** on being Conference Champion on parallel bars. Congratulations to the following Boys' Gymnastics Sectional medal winners: **Dante Digangi** was Sectional Champ on Floor Exercise and Vault; **Brandon Trostrud** was Sectional Champ on Parallel Bars; and **Dave Allison** placed 3rd on Floor Exercise. Other State qualifiers include **Mike Kowalenko** and **Bobby Wongkamalasai**.
- ✦ Congratulations to gymnast **Dante Digangi** on placing 2nd at State on Floor Exercise.
- ✦ Congratulations to Coach **Bob Hanson** and the Girls' Badminton Team on being Conference Champions. **Jenna Langhorst** is the Conference Singles Champion and **Jenna Langhorst** and **Erica Lee** are the Conference Doubles Champions.
- ✦ Congratulations to junior **Tory Halevy** on taking first place in the senior division, story category for her short story "Man of Numbers" from the 2009 Leo and Antonia Gershanov Memorial Student Arts and Writing Contest, sponsored by the Illinois Holocaust Museum and Education Center.
- ✦ Congratulations to the winners at the Annual Harper College Accounting Contest: Accounting 1 Competition - **Naomi Chan** - 1st, **Ray Raff** - 3rd, **Brett Opitz** - 5th.
- ✦ Congratulations to sponsor **Jessie Monticello** and the Fremd Team for placing 1st out of 11 area high schools in the Annual Harper College Accounting Contest in Accounting 1.
- ✦ Congratulations to May Business Student of the Month **Jake Sloan** and June Business Student of the Month **Naomi Chan**.
- ✦ Congratulations to Coach **Brian Newby** and the Girls' Water Polo Team on winning the MSL Conference Championship.
- ✦ Congratulations to Coach **Newby** and the Girls' Water Polo Team on being Sectional Champions. **Kristina D'Andrea**, **Kelli DiCanio**, **Erika Lauraitis** and **Allison McCarthy** were voted 1st Team All-Sectional; **Katie Defillipo** and **Katie French** were voted 2nd Team All-Sectional. Congratulations to the Fremd Water Polo Team on placing 3rd at State!
- ✦ Congratulations to Coach **Brian Newby** on being voted Sectional Coach of the Year.
- ✦ Congratulations to senior **David Bajjalieh** on being awarded 2nd place (out of 900 entries) in the National WWII Museum's Essay contest.
- ✦ Congratulations to the following Math Team State medalists: **Arjun Puranik**, 1st place 2 person, 2nd place written, 7th place algebra 2 team, 9th orals; **Michelle Lundholm** 1st place 2person, 9th orals; **Leslie Chan** 7th place jr/sr relay, 7th place 8 person; **Richard Sheng** 7th place Jr/sr relay; **Jerry Zhou** 7th place jr/sr relay, 7th place 8 person; **Albert Kim** 7th place jr/sr relay, 7th place 8 person; **Sameera Kanneganti** 7th place 8 person; **Robert Krammer** 7th place 8 person; **Henry Shin** 7th place 8 person; **John Kaczor** 7th place 8 person.
- ✦ Congratulations to Coach **Hanson** and the Girls' Badminton Team on being Sectional Champions for the 8th year in a row and qualifying for State. Congratulations to **Jenna Langhorst** on being the Sectional Singles Champion and **Annie Huang** and **Alice Liu** on being the Sectional Doubles Champions.
- ✦ Congratulations to Coach **Hanson** and the Girls' Badminton Team on winning the State Championship. Congratulations to **Jenna Langhorst** on being State Singles Champion and **Erica Lee** on placing 3rd in State Singles competition.
- ✦ Congratulations to the following Girls' Track medal winners at the MSL Conference meet: **Jamie Notaro** placed 1st in Long Jump and Triple Jump; **Bizzy Mellado** placed 1st in Pole Vault, 2nd in 100m Hurdles and 3rd in 200m Dash; **Ashley Fullerton** placed 2nd in High Jump and **Kelsey Onesto** placed 2nd in 300m Hurdles.
- ✦ Congratulations to Coach **Keller** and the Girls' Soccer Team on winning the MSL West Division Championship and being Conference Champions
- ✦ Congratulations to **Paul Kramarski** and **Leonard Lipetri** who took first place in the Illinois state final of the 25th annual AAA Student Auto Skills Competition. They will also go to Dearborn, Mich. June 16 to represent Illinois in the national Ford/AAA Student Auto Skills Competition.
- ✦ Congratulations to the following Girls' Track Sectional medalists: **Jamie Notaro** is Sectional Champion in Long Jump, 2nd place pole vault, **Bizzy Mellado** and **Aylla Lashaway**, **Alexis McAdams**, **Roxanne Miller** and **Stephanie Resis** placed 3rd in 4x800m Relay.
- ✦ Congratulations to Coach **Goetsche** and the Boys' Tennis Team on being MSL West Division Champions and Conference Champions.
- ✦ Congratulations to **Alex Roark** on being the Boys' Track Conference Champion in 200m Dash; **Christian Lombard** was 3rd in Discus; and **Mike Varela** placed 3rd in 300 Intermediate Hurdles.
- ✦ Congratulations to **Robert Kramer** on being selected to the Daily Herald Academic Team. For the first time, all 5 schools in the district were represented among the top 10.
- ✦ Congratulations to the following art students who won awards at the Chicago Area 4x5 Art Exhibit: Photography- 1st Place-**Ashley Thompson**, 2nd Place-**Erika Svenkeson**, Honorable Mention-**Becca VanKollenburg**, Honorable Mention-**Allison Booth**; Painting- 2nd Place-**Cori Lin**, 3rd Place-**Cori Lin**, Honorable Mention-**Rachel Allen**, Honorable Mention-**Brad Surmin**; Computer Generated Imagery- Honorable Mention-**Jo Ann Kang**; Drawing- 1st Place-**Michelle Lundholm**, and Honorable Mention-**Maggie Hubbard**.
- ✦ Congratulations to senior **Maggie Hubbard** on having her artwork, *Nepal Child*, chosen as a Finalist in the 2009 Illinois High School Scholarship Competition.
- ✦ Congratulations to **Ashley Thompson** on winning the Rolling Meadows Library competitive photography exhibit between students at FHS and RMHS.
- ✦ Congratulations to the following art student winners at the 2009 Great Frame Up Show: Photography: **Ashley Thompson**, **Rebecca Van Kollenburg**, **Jennifer Rotter**, **Katie French**, **David Libert**; "Graphic Communication": **Yumi Ota**, **Marnie Clark**, **Joann Kang**, Painting: **Elizabeth Holmberg**, **Ashley So**, **Michelle Hand**, **Maggie Hubbard**, **Sue Lee**; Drawing: **Wennie Chi**, **Eric Jania**, **Michelle Lundholm**, **Jaclyn Salzman**, **Cynthia Qian**, "3-Dimensional": **Lyuda Andrianova**, **Ted Fischer**, **Haley Schwartz**, **Mackenzie Clifford**, **Brandon Trostrud**
- ✦ Congratulations to the following art students for being the Great Frame Up Finalists: 1st place photography: **Ashley Thompson** and 1st place drawing: **Michelle Lundholm**. A painting by **Maggie Hubbard** is being sent to California representing the Great Frame Up in a National Competition among all the Great Frame Up locations in the U.S.
- ✦ This is the second year that students will exhibit their animations in the CMAC Animation Exhibition. The grand prix of "People's Choice Award" is chosen by the audience members in a private ballot. <http://www.fhs.d211.org/departments/art/>
- ✦ Congratulations to Coach **Pinley** and the Boys' Volleyball team on being Conference Champions.
- ✦ Congratulations to Coach **Piggott** and the Boys' Baseball Team on being the MSL West Conference Champions.