

From the principal:

As I reflect on my first few months as the principal of Fremd High School, I am proud to be a part of a wonderful high school community.

- The students at Fremd High School understand the connection between their high school academic careers and the choices they will have when they graduate. Yet, they thrive on all that Fremd has to offer outside of the school day from activities and athletics to after school events. The pulse of Fremd is constantly throbbing from morning until well into the night!
- The parents of our students are ready and willing to help! I have met so many supportive parents during Open House, Parent Advisory Board, Viking Booster Club meetings and evening events. The behind the scenes support you give your child and the visible help you give to our school makes Fremd High School even stronger. Thank you!
- The staff of our school works tirelessly! As a school of almost 3,000 students, we are continuously taking steps to ensure our students are connected academically and socially. In order to make that a possibility, it takes every adult to be looking out for our students. As the pulse of the students can be felt throughout the day and evening, the staff is here to keep the energy going.

Thank you to everyone who is involved with Fremd High School. A school is not defined by the physical characteristics of the building, but the people who make up the school community. In just a few months, I have witnessed the continuous dedication of the entire Fremd community. What a great place for students!

Please continue to stay connected to the school through events, performances, competitions, meetings, etc. The Fremd High School website has a wealth of information for students and parents. My next Parent Advisory Board meeting is December 1st at 7:00 p.m. in the media center. All parents are invited to attend.

Sincerely,

Lisa Small
Principal



Fall Reminder

Now that it is getting colder, please make sure your child keeps a sweater or sweatshirt in his/her locker in case some room temperatures are occasionally cooler than normal. The School Board policy regarding "no coats and/or jackets" is in effect all year.

Reporting Absences – College Visits, Extended Family Vacations

Please call the Attendance Office (847.755.2670) two school days prior to a college visit or vacation absence from school. A pre-excused pass will be issued. The student should pick up the pass the following morning in the Attendance Office, and procure the signatures of all instructors. The signed pre-excused pass is returned to the Attendance Office at the end of the same school day. All college visits need to be cleared as a pre-excused absence. Failure to do so will result in the absence being counted as a regular excused absence. When calling the Attendance Office, please have the STUDENT IDENTIFICATION NUMBER readily available.

Tutoring Center

The Viking Tutoring Center is a perfect place for students to come throughout the day for extra support in all academic areas. Students are welcome to drop in during their lunch or any free period. Academic tutors in mathematics and English are always available. The center is also staffed with a team of over forty peer tutors who have been trained to work one-on-one with students. The Viking Tutoring Center also houses our Guided Study Hall program for academically at-risk students who are paired with a tutor to monitor their progress.

The tutoring center offers several academic resources including computers, textbooks, calculators and other supplies, computer-based reading and math programs, and more. Students can easily find our facility in Room 2, which is near Fremd's main entrance. We are open daily from 7:30-2:45, and then again from 3:00-5:00 p.m. on Tuesdays, Wednesdays, and Thursdays.

Students are encouraged to utilize the tutoring services during their lunch hours, free periods, or study halls. Although they are free to drop in as needed, we can also arrange for a regularly scheduled tutoring session. For more information, please feel free to contact the Tutoring Center Coordinator, Mrs. Grossman, at egrossman@d211.org, or extension 2653.



If you require assistance while visiting our school, please contact the principal's office at (847) 755-2600.

Dates to Remember

- Nov. 5** Fall Band Showcase
Kolze Auditorium, 7:00 p.m.
- Nov. 10** Teacher Institute Day – No Classes
- Nov. 11** Veterans Day – No School
- Nov. 12** Blood Drive - 7:00 a.m. – 2:00 p.m.
- Nov. 18** LATE Start/Morning Work Sessions
9:10 a.m. start
- Nov. 18** Fall Sports Awards
Gymnasium, 7:00 p.m.
- Nov. 25** College Financing Seminar
Kolze Auditorium, 7:00 p.m.
- Nov. 27, 28** Thanksgiving Break - No School
- Dec. 4-6** Variety Show
Kolze Auditorium, 7:00 p.m.
- Dec. 5** Midterm reports mailed
- Dec. 6** Incoming Freshmen Testing
8:00 a.m.-12:00 p.m.
- Dec. 9** LATE Start / Morning WorkSessions
9:10 a.m. start
- Dec. 9** Orchestra Concert
Kolze Auditorium, 7:00 p.m.
- Dec. 12** Choral Concert
Kolze Auditorium, 7:00 p.m.
- Dec. 13** Booster Craft Fair, throughout school
9:00 a.m. - 4:00 p.m.
- Dec. 16** Band Concert
Kolze Auditorium, 7:00 p.m.
- Dec. 19** Orchesis Holiday Show
Kolze Auditorium, per. 4-7
- Dec. 19** Winter Vacation begins at close of school

College Financing Seminar to be Held

A seminar for parents of all income levels concerned about financing a college education will be held at Fremd High School on Tuesday, November 25 at 7:00 p.m. in the Kolze Auditorium.

Our speaker, **Maggie Bleeker**, is a financial planning expert from Northwestern University. The seminar will focus on increasing awareness of all opportunities available to parents. Some material will be specific to parents of seniors, but much of the planning information will be of value to parents of younger students. Both parents and students are encouraged to attend. Because many of the sources of financial aid for colleges are restricted by income level, attention has been focused on helping families plan for the expected burden of college costs. The strategies Ms. Bleeker will discuss will be applicable to families at all income levels. We will have the latest information regarding financial aid and scholarships.

If you have specific questions about financial aid opportunities or scholarships, please contact your son's or daughter's counselor at your earliest convenience. This information is always available to interested parents and students in the Guidance Office.

Viking Pride Award Program

The Viking Pride Recognition Program is beginning its thirteenth year at Fremd High School. Approximately 30-35 students are recognized weekly during 2nd and 4th quarter on the school's public address system based on nominations from our faculty. Each teacher has the opportunity to nominate two students per year for this honor. The reason we call this Viking Pride is that P.R.I.D.E. is an acronym for Personal Responsibility In Developing Excellence. Under this broad criteria, teachers can recognize those who achieve at a high level of academic excellence; have turned a personal setback from a negative to a positive; or whose behaviors reflect respect and empathy.

When names are read, students come down to the principal's office and learn what special comments a teacher has made about them. The principal then presents them with a small gift as a remembrance of their efforts.

Kudos to Staff and Students

★ Congratulations to the following seventeen seniors who have been named National Merit Scholarship Semi-Finalists: **Brian Cho, Elizabeth Holmberg, Grace Hoo, Chaitra Kishore, Robert Kramer, Michelle Lundholm, Maxwell Meigel, Meghan Morrison, Rachael Palumbo, Tyler Petersen, Sahana Rao, Matthew Schuelke, Henry Shin, Jessica Tackett, Gregory Tourville, Helena Yu, and Maggie Zhang.**

★ Congratulations to freshman violinist, **Laura Park**, who was invited to perform on WFMT (Chicago's Classical radio station-98.7 FM). She was THE featured performer on their new radio program, Introductions and performed 35 minutes of music. The program can be downloaded at www.wfmt.com/introductions

★ Congratulations to **Patrick Kennedy** on winning a 2 week scholarship from Muzak Heart & Soul Foundation to their "Noise" music industry camp @ Vanderbilt University. He was also awarded the Louis Armstrong Jazz Award here @ Fremd @ the end of last year and received an honorable mention @ NYU's Solo & Collaborative Piano Camp in August.

★ Congratulations to September Social Studies Student of the Month **Jamieson Gray.**

★ Congratulations to Family & Consumer Sciences September Student of the Month **Christine Czapek.**

★ Congratulations to the following Commended Students in the 2009 National Merit Program: **Kristen Andersen, Daniel Bryant, Carrie Camarda, Leslie Chan, Adam Cheng, Timothy Crowe, Emma Florio, Jamieson Gray, Greg Gylling, Matthew Hubbard, Justin Inman, Richard Jackson, Patrick Kennedy, Yuriy Kuzma, Jennifer Lee, Linda Lee, Owen Marsden, Michael McEllen, Lara Sanoica, Varun Shivakumar, Nathan Shumway, Colleen Veit, and Daniel Ziegler.**

★ Congratulations to senior **Michael Dallas** on being selected as an "Outstanding Participant" in the 2009 National Achievement Scholarship Program. Michael scored in the top 4% of more than 150,000 Black Americans who took the 2007 preliminary SAT/National Merit Scholarship Qualifying test.

★ Congratulations to **Anna-Lisa Castle** on being selected as a winner in the 2008 NCTE Achievement Awards in Writing.

★ Open House was a success with 2,285 parents attending.

★ Fremd High School has again achieved Adequate Yearly Progress (AYP) as measured by the Illinois State Board of Education.

★ Congratulations to **Coach Teschner** and the Boys' Golf Team on winning the MSL Championship. Congratulations to conference champion **Sean Jones**. Congratulations to the team on taking 2nd place at the IHSA Regional Tournament.

★ Congratulations to **Coach Christine Vlaming** and the Girls' Golf Team on taking 5th place in the MSL tournament.

★ Congratulations to **Mark Savitt** on receiving the National Hispanic Recognition Program 2008-2009 Scholar Award from the College Board.

★ Congratulations to the Junior Class for winning the Powder Puff Football competition.

★ Congratulations to counselor **John Baima** on being selected to be part of a Counselor Advisory Board for University of Illinois to help in the recruitment and enrollment of students. Only four counselors in the state of Illinois were chosen.

★ Congratulations to the 2008 Homecoming Court: Freshman attendants, **Rachel Freund** and **Frederick Van Houten**; Sophomore attendants, **Allyson Moyer** and **Andrew Lombardo**; Junior attendants, **Gianna Abruzzo** and **Neill Wolf**; Homecoming Queen **Jennie Robledo** and Homecoming King **Ethan Salsinger**.

★ Congratulations to Family & Consumer Sciences October Student of the Month **Jaclynn El-Mereebi.**

★ On Saturday, October 11, Fremd's Symphony Orchestra was broadcast on the air from 98.7 FM radio. Congratulations to soloists **Daniel Brotzman, Patrick Kennedy** and **Sarah Finegan**, as well as all of the members of the Symphony Orchestra! The program can be downloaded at www.wfmt.com/introductions

★ The following 13 students were selected for the Illinois Music Educators Association District 7 Chorus - they will be singing at the district festival at Evanston HS on November 15. Fremd had the second most entrants of the 60+ High schools in the district. Sopranos: **Stefanie Colletier, Jacque Piccolino, Laura Winkelmann, Jenny Yoon**; Altos: **Sara Elster, Stacey Kim, Katie Oakes, Abby Schultz**; Tenor: **Matt Koehlinger, Jimmy Schiffer**; Bass: **Daniel Brotzman, Taylor Lehotan, Robbie Romanowski.**

• Congratulations to golfer **Kelly Voigt** who took 2nd place at the IHSA Regional and advanced to the sectionals.