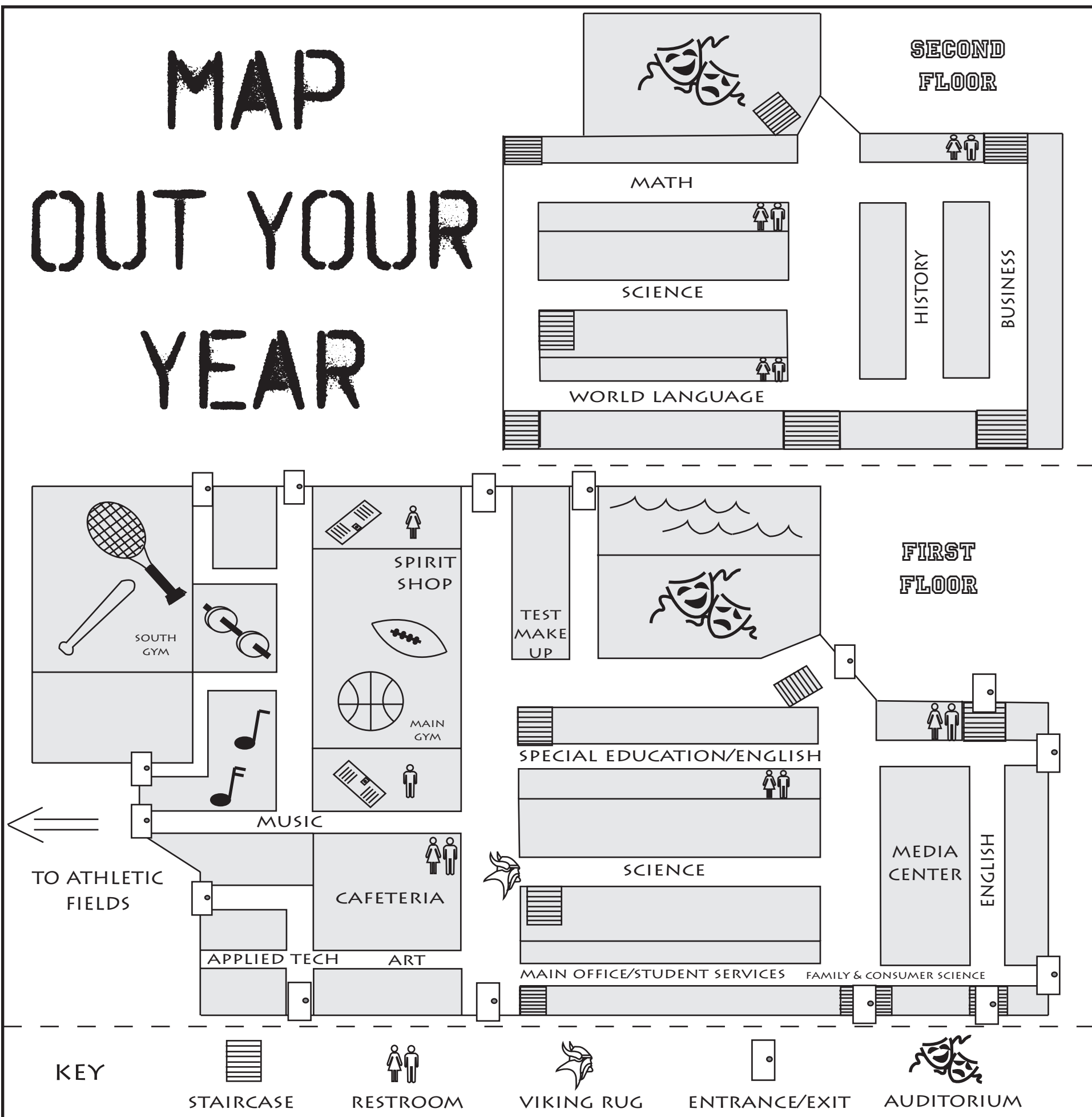


MAP OUT YOUR YEAR



MAKE FRESHMAN YEAR A BREEZE

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With the school year quickly approaching, incoming freshman may have unanswered questions about what to do and how to behave in their brand new environment with different schedules and endless opportunities. Here are some basic etiquette tips to help you manage stress, avoid an embarrassing faux pas and enjoy yourself throughout your high school journey.

1. Wear your ID at all times

Although sporting an ID may seem like a hassle and unfashionable, just look around and you will find it is a must-have accessory among all students and faculty. Wearing an ID will keep you in the hall monitors' good graces and out of having to pay for temporary IDs.

2. Use your resources

Going to the Tutoring Center is a good idea when you have questions about material in any subject. Teachers and students are there to assist you with problems during and after school. You can also find resources at home. Never be afraid to check out your teachers' websites or shoot them an email. They're happy to help.

3. Get involved

High school opens up a lot of new doors, so why not walk through them? There is something here that everyone can enjoy. If you're curious about the various clubs offered, look at page two. Attend a school dance to meet even more people and have a great night.

4. Keep up with your schoolwork

This may sound simple, but it's important. By staying awake in class and turning in assignments on time, you can help yourself succeed in high school. Ditching may seem like an easy way out of work, but it's overrated. Skipping class is not worth all the administrative repercussions and parent phone calls. Falling behind freshman year can follow you throughout your high school career. It's better to have a strong start.

5. Show Viking Pride

Fremd is something we all have in common, so show your pride. Never be ashamed to sport school colors or apparel, especially at the football games. And if you don't have any green and gold spirit wear, just check out the Spirit Shop and the fundraisers in front of the cafeteria. During Homecoming Spirit Week, make sure to dress along with each day's theme and show your creative side.

6. Avoid public displays of affection (PDA)

It's not that teachers and fellow students are against you dating, they just don't want to see it. School is neither the time nor the place to show off your latest romance. Minimizing PDA maintains teachers' and peers' respect for you and your reputation.

7. Don't act like a freshman

People say you shouldn't act like a "freshman," but what does this really mean? Some easy ways to avoid this are to walk on the right side of the hall, don't block traffic, and don't hit and bump into your friends—it makes you look immature. Also, you may feel the need to carry all of your books with you all day, but you will have plenty of time to stop at your locker during passing periods or lunch. So give your back a break.

8. Stay true to yourself

Walking through the large doors of Fremd on the first day can be overwhelming. You will be meet a lot of people with totally unique personalities. It's a fantastic opportunity to make new friends, but you need to remember to just be yourself. Just because a certain clique conforms to a specific behavior doesn't mean you have to. Maintain your true personality, and you will create friendships that could last the rest of your life.